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Porn Nation: Conquering America's #1 Addiction



Synopsis

Pornography and sex-related sites make up nearly 60 percent of daily web traffic. For some of us, it's going on in our very own basements or in the den after the family goes to bed. Over twenty million Americans spend a good deal of their waking hours looking at pornography. And they won't stop, because they can't stop. At least not on their own. They are addicted. Porn Nation captivates readers with the true story of Michael Leahy, a sex addict who only came to terms with his problem after losing his marriage and children. But it's also the story of the rest of us. It's the story of America, our porn nation. How is it affecting us? How is it changing the way we see ourselves and others? And what can be done about it?

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Customer Reviews

Incredible! I just finished reading Porn Nation. Michael Leahy did an awesome job. The book is well written ... it flows great, he is honest and vulnerable ... yet he doesn't mince words ... he tells it like it is. Porn Nation is the story of one man's battle against pornography and the tremendous toll that it took on him, his wife and his children. He lost everything - his marriage, his job, time with his kids, his friends ... everything. Porn Nation lets the reader know the truth about how pornography slowly but progressively destroys one's values and one's relationships. Leahy reveals how pornography distorts the mind so that women become "porn with skin on" ... killing any chance for true love and intimacy. The book exposes the many myths and lies about pornography (like porn doesn't hurt anyone!). Leahy explains how porn, especially in the electronic age of Internet and Cell Phones, is

easily available to everyone - especially kids ... starting in grade school! Also, woven throughout his book is what I would call "an anatomy of an affair". Pathological lying, the emotional impact on his wife, his wanting to have both his wife and his "affair partner" at the same time; how he started blaming his wife for the problems in the marriage as a way of dealing with his guilt. Leahy provides a viewpoint of an affair rarely seen ... the viewpoint of the person who was having the affair. This book is a "must read" for those who are dealing or have dealt with an unfaithful spouse. This book can have an impact on a wide range of people. Parents need to read this book to see how prevalent that viewing porn is by kids of all ages. Older teenagers need to read this book to see how destructive that porn can be. College students will clearly see how porn fuels the desire for multiple sex partners and how it kills any chance of a meaningful, intimate relationship with another person. Read this book.

As the wife of a recovering Sex Addict I found this to be one of the most recent books (it includes more recent data than many others) about the emerging problem with internet pornography use and its link to sex addiction... An incredibly fast read (I read it in a day) it kept my interest and offered some interesting facts. It was more entertaining than anything though. After reading many books on this subject in the past few weeks I recommend "Don't Call it Love" by Patrick Carnes for a more in depth look into the problem of sex addiction and how to overcome it.

I need ask you only one question, Do You Want to Get Well? Leahy says, "In every person's life there are defining moments, times when the entire course and direction of a person's life can change instantly. These are critical junctures, forks in the road where one's destiny lies in a solitary decision" (Leahy, Michael). Join the fight against America's #1 addiction porn and we can overcome this evil!!!

I have read the early release version of this book, and it blew me away. Leahy is a good writer that captures the readers attention with the use of realistic language and humor. In the book, he invites the reader to consider the detrimental effects of pornography in people's lives. Leahy courageously shares the story of how pornography, and the sexual culture of America, ruined his family. Also, he goes on to discuss the overall trends of American sexuality, and how it has been affected by sex-saturated media, namely pornography. This book is a must read for anyone who wants to understand the effects that pornography can have on his/her life, and it will shed light on the danger that lies in the porn consumption. Please take the time to read this eye opening book.

If you want to make a difference in your way of life, be sure to purchase a book on how America is pushing sex on the population. It is not much of a struggle to stop watching porn if you manage to keep yourself busy and stay away from down time. Free time is the Devil's time to work on you.

I rated this book highly because this book points out the destructive nature of porn. I believe that many of the marital problems in this country are related to pornography. Young men have an unrealistic objectified view of women. The title of the book raises eyebrows but the book is well worth the read. The pervasive insidious nature of porn in our society is not always appreciated. The harm caused by porn is not always obvious.

The author did an excellent job in writing this book. It gives a first-hand account of the author's addiction, shows how it destroyed his life, and how he conquered his addiction (no easy task). I commend Mr. Leahy for writing this book and recommend the book to anyone who may or may not have issues with sexual addiction.

Advice from the soul on sex addiction, very clearly and poignantly written and a must for anyone addressing sex addiction in their own lives. Author courageously shares own experience in a compelling manner.

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creating the life and marriage you dream of. The Ultimate Gambling Addiction Help Guide: How To Overcome A Gambling Addiction And Problem Gambling Once And For All (gambling addiction cure, problems, ... craps, baccarat, poker, blackjack) Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) Breaking the Cycle: Free Yourself from Sex Addiction, Porn Obsession, and Shame Your Brain on Porn: Internet Pornography and the Emerging Science of Addiction Cutting It Off: Breaking Porn Addiction and How To Quit For Good Caffeine Addiction: The Cure To Overcoming Addiction To Caffeine And Understanding It's Affect On The Body The Caffeine Cure: A Definitive Guide to Finally Overcoming Your Caffeine Addiction (Addictions, Addiction Recovery, Overcoming Addictions Book 1) Gambling Addiction Cure: Discover Easy Steps on How to Stop Gambling Addiction Problems [Newly Revised Book] Gambling Addiction Cure: How to Overcome Gambling Addiction and Stop Compulsive Gambling for Life Sex Addiction 101: The Workbook, 24 Proven Exercises to Guide Sex Addiction Recovery Gambling Addiction Cure: How To Overcome Gambling Addiction And Stop Compulsive Gambling For Life (slots,roulette,craps,baccarat,poker,blackjack)

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